# **CHILD FUTURES Clinic**

# **Psychological & Developmental Services**

South Gate Building, Unit 403 - Madrigal Business Park - Alabang - Muntinlupa City - Metro Manila

## DR. NICK MARTORANO, Ph.D.

Psychologist for Children, Adolescents and Young-Adults

University of California & Harvard Medical School Trained

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CLINIC HOURS (by Appointment Only): Mon. through Fri.: 10AM to 8PM; Sat. (every-other-week): 10AM to 4PM

The Clinic is centrally located in ALABANG, 2 min. from Alabang Town Center and 5 min. from Festival Mall.

Directions and a Map to the Clinic can be found at www.child-futures.com

## SERVICES OFFERED

Consultation, Trainings, Seminars (with Parents, Schools, Hospitals, Children's Agencies)

Consultation On Psychological and Developmental Issues
Trainings & Seminars On Developmental And Child Psychology Topics

#### **Assessment and Evaluation**

Cognitive Skills - Intelligence Testing

Academic Achievement

Learning Disabilities (e.g., Reading, Writing, or Math Difficulties)

ADD (ADHD)

Developmental Levels - Developmental Delays

Childhood Anxiety - Childhood Depression

Childhood Phobias

Behavioral Assessments With In-School and/or In-Home Observations

Temperament (Biological Bases Of Personality)

Child-Parent Relationship And Attachment

Adjustment Issues - Separation Anxiety

Autism Spectrum Disorders – Asperger's Syndrome

Sensory Integration Disorders

Videogame and Internet Addiction (Adolescents)

#### **Developmental Therapy**

Developmental Delays
Child-Parent Interaction
Autism Spectrum Disorders
Sensory-Integration Dysfunction
Sleep, Eating, Elimination Problems
Age-Appropriate Discipline Methods
Premature Babies
Parenting Skills

#### **Child Therapy**

Behavioral Problems in School
Childhood Anxiety
Aggressive, Oppositional and Defiant Behaviors
Childhood Trauma and Phobias
Childhood Depression
Videogame and Internet Addiction (Adolescents)
Play Therapy and Art Therapy
Child Neglect
Child Abuse (physical, sexual, emotional)

Dr. Nick Martorano is the President and Founder of Child Futures Psychological & Developmental Services. Dr. Martorano holds a Ph.D. in Developmental Psychology from University of California, a "Summa Cum Laude" M.S. in Developmental Psychology from the University of Padova – Italy, and has received extensive training in psychological, developmental and clinical work with children through Harvard Medical School and JFK University in the United States. Dr. Martorano has practiced for many years as a child psychologist in California and has lectured at several universities in the United States and in the Philippines. He has also provided consultation services in Bacolod and Cebu in the past. Dr. Martorano hopes to be of service to the communities of Metro Manila as well as Cebu and the Visayas with his expertise in child psychology.

## TYPICAL RATES FOR SERVICES OFFERED (All rates listed in this brochure are as of January 2023)

CONSULTATION and THERAPY: 3,100p per hour (DISCOUNTS available; see PACKAGES on this page and following page)

ASSESSMENTS: (E.g., Cognitive Abilities - Intelligence Testing - Academic Achievement - Learning Disabilities - ADHD -Anxiety - Autism Spectrum Disorders - Developmental Levels - Depression - Sensory Integration Dysfunction -Behavioral Problems - Temperament - Child-Parent Relationship And Attachment - Phobias - Others)

Assessment PACKAGES Available: Assessment is a complex multidimensional activity, often involving multiple measures and clinical observations of a child's behavioral, cognitive, social-emotional problems / difficulties / delays, etc. In addition, sometimes several school and/or home observations are also needed, to achieve the most reliable and valid diagnosis.

As with most things in life, good things take time, and it's the same with psychological and developmental assessments. Typically, the more tools / measures are used, the longer it will take for the whole assessment to be completed, however the more accurate the final results will be, and the more effective the final recommendations and intervention will be.

For this reason, and to accommodate the financial needs of different families, Child Futures offers a menu of four assessment packages. Typically, a "package" will end up costing LESS than scheduling many separate sessions in a row.

(Note: these rates are not set in stone; the final rate may slightly vary, depending on the complexity of the case, and depending on the specific number of assessment measures / tools / observations used during the evaluations)

1) "Screener" PACKAGE: 8.500p. NOTE: because this is only a "screener", a longer and more thorough assessment is often needed afterwards, to provide more accurate and reliable results (i.e., rule-out)

This package includes:

- One session with the parents, to gather information on the specific concerns reported by them, as well as basic developmental history of the child and basic family history
- One clinical session/ observation of the child.
- One screening tool (i.e., very short assessment), used to detect the possible presence of psychological / developmental / behavioral problems in the child. NOTE: Further, more in-depth testing is often needed, to fully confirm the presence of a disability/delay/disorder, etc., and attain a more reliable and valid diagnosis.
  - E.g., A screening tool for Autism-Spectrum Disorder
  - E.g., A screening tool for ADHD
- One short session with the parents, where the results of the screener and relevant recommendations will be discussed.

#### 2) Basic Assessment PACKAGE: 19,000p.

This package typically includes:

- One session with the parents, to gather detailed information on the specific concerns reported by them, collect full developmental history of the child, family history, review the child's medical and school history, etc.
- Two (or more if needed) clinical sessions / observations of the child. NO school or in-home observations are provided with this basic package.
- ONE assessment tool, used to measure / diagnose the specific reported problem or area of functioning.
  - o E.g., One standardized intelligence test to measure a child's cognitive abilities.
  - o E.g., One standardized assessment tool to measure a child's developmental level.
- One professionally written and typed report of the assessment, including sections on reported problem(s), assessment measures / tools used, findings, and recommendations.
- One final session with the parents, where the results of the screener and relevant recommendations will be discussed. If needed, and at the discretion of the parents, a teacher may also be invited to this final meeting, to be informed of the findings, offer feedback and suggestions, and to see if the recommendations from the report may be properly implemented within the school setting or need to be fine-tuned to best fit the academic context.

#### 3) Intermediate Assessment PACKAGE: 24,500p .

This package typically includes:

- One session with the parents, to gather detailed information on the specific concerns reported by them, collect full developmental history of the child, family history, review the child's medical and school history, etc.
- Three or Four (or more if needed) clinical sessions / observations of the child.
- TWO assessment modalities / measures / tools, used to measure / diagnose the specific reported problem.
  - E.g., An intelligence test AND an achievement test, to see if the presence of academic difficulties in a child may be due to the presence of cognitive deficits, specific learning disabilities, lack of prior educational skills, etc.
  - E.g., A set of standardized attention-related tasks, AND a set of behavioral questionnaires to measure the
    presence of actual ADHD in a child.
  - E.g., A standardized Autism-Spectrum Disorder behavioral questionnaire AND a series of cognitive / verbal and social emotional tasks to measure the presence of actual Autism in a child.
- One professionally written and typed report of the assessment, including sections on reported problem(s), assessment measures / tools used, findings, and recommendations.
- One final session with the parents, where the results of the assessment and relevant recommendations will be discussed. If needed, and at the discretion of the parents, a teacher may also be invited to this final meeting, to be informed of the findings, offer feedback and suggestions, and to see if the recommendations from the report may be properly implemented within the school setting or need to be fine-tuned to best fit the academic context.

#### 4) Advanced Assessment PACKAGE: 30,000p

This package typically includes:

- One session with the parents, to gather detailed information on the specific concerns reported by them, collect full developmental history of the child, family history, review the child's medical and school history, etc.
- Four to Six (if needed) clinical sessions / observations of the child.
- THREE or more (depending on the case) assessment modalities / measures / tools.
  - E.g., An intelligence test AND an achievement test AND a set of school observations to see if the presence of academic difficulties in a child may be due to the presence of cognitive deficits, specific learning disabilities, lack of prior educational opportunities, social-emotional issues, anxiety, etc.
  - E.g., A set of standardized attention-related tasks, AND a set of behavioral questionnaires, AND a series
    of specific memory / processing speed / verbal and perceptual subtests AND a set of clinical observations
    to measure the presence of actual ADHD in a child.
  - E.g., A set of clinical observations AND a series of projective tests, AND a set of behavioral
    questionnaires, AND a set of school observations to measure the presence of and actual Anxiety disorder
    in a child.
- One professionally written and typed report of the assessment, including sections on reported problem(s), assessment measures / tools used, findings, and recommendations.
- One final session with the parents, where the results of the assessment and relevant recommendations will be
  discussed. If needed, and at the discretion of the parents, a teacher may also be invited to this final meeting, to
  be informed of the findings, offer feedback and suggestions, and to see if the recommendations from the report
  may be properly implemented within the school setting or need to be fine-tuned to best fit the academic context.

Therapy PACKAGES (useful for children with anxiety, depression, autism, developmental delays, ADHD, behavioral problems, etc.)

- Package of FIVE one-hour sessions: 14,000p (you save 1,500p, compared to standard Therapy Rate of 2,900p per hour)
- Package of TEN one-hour sessions: 28,000p (you save 3,000p, compared to standard Therapy Rate of 2,900p per hour)

### Payment modality:

- Payment for an individual session (e.g., for consultation) is due in cash or check at the end of each session.
- Payment for an assessment or therapy "package" is due in full at the start of the assessment or therapy (however a
  flexible payment schedule is also available, on a case-by-case basis and depending on the specific financial needs of a family).